

PRACTICE #41: COMBINATION PLAY - BY JEFF PIL - US SOCCER - NATL. COACH



National Soccer Coaches Association of America



Field: 20 Yd X 40 Yd.

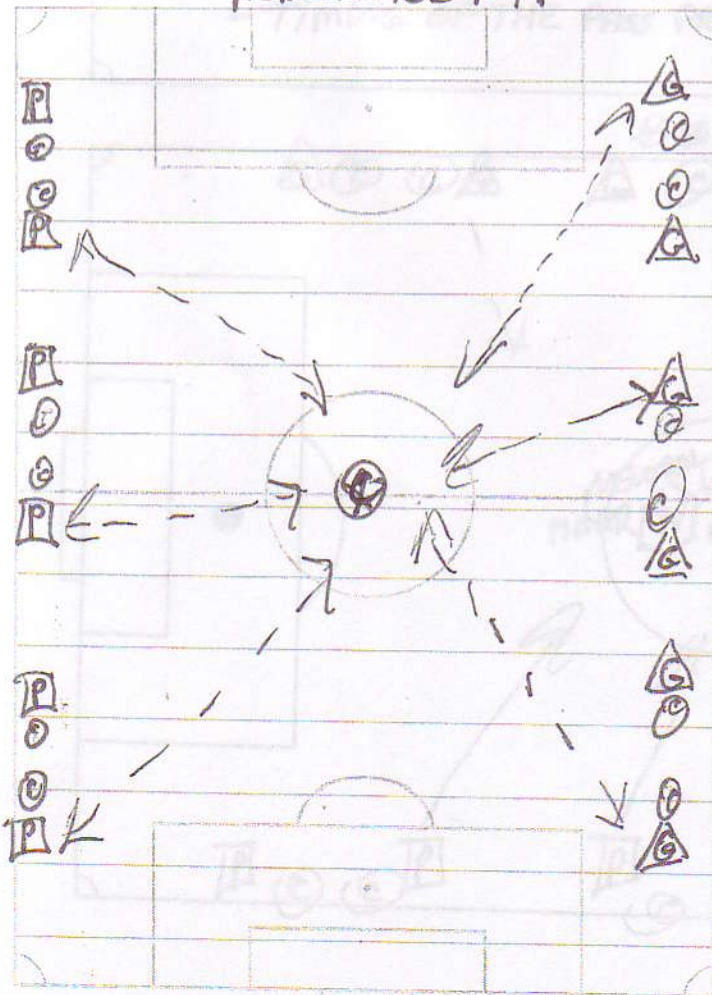
WARM UP: SPLIT TEAM 50% GOLD 50% PURPLE

PASS IN SPACE 14 PLAYERS - 7 BALLS - FIND THE OPEN PLAYER & LOOK FOR A PLAY. JOG TO OPEN SPACE. REDUCE TO 4 BALLS - GO TO Δ PLAY.

- EXERCISE #1: 6/7 P V: 6/7 G • PLAYERS DRIBBLE TO CENTER CIRCLE, PASS TO PLAYER OF OTHER TEAM & DRIBBLE BACK TO THEIR PAIR OF CONES & PASS TO TEAMMATE WHOM REPEATS.
- NEXT PLAYERS DRIBBLE W/ CHANG OF SPEED AND MUST DO CROSSOVER OR FAKE OR PULL & TURN IN CENTER CIRCLE THEN PASS
  - NEXT OPEN PLAYER MUST GO TO CIRCLE & CALL "BALL" THEN RECEIVE PASS

EXERCISE #11

- OPEN PLAYER MUST GET TO OPEN SPACE CALL "BALL" THEN WALL PASS BACK TO PASSER AND RETURN TO DOUBLE CONES



PROGRESSION: REDUCE TO 3 OR 4 BALLS

- INVOLVE 3 PEOPLE IN A COMBINATION PASS PLAY.
- PLAYERS PLAY BALL FROM CENTER CONES. ALL PLAYERS MOVE TO CENTER CIRCLE.
- PASS TO PLAYER #2 AND #2 MUST FIND A PLAYER #3 OPEN AND PASS TO PLAYER #3, WHILE PLAYER #1 MOVES TO OPEN SPACE.

CP: TALKING IS CRITICAL!!!

- TIMING OF PASS.
- PACE OF PASS
- RUNNING TO OPEN SPACE/GETTING OPEN
- WALL PASS TECHNIQUE.
- BODY POSITION TO RECEIVE BALL

# COACHES NOTES: PRACTICE #11 / COMBINATION PLAY - JEFF PILL - U.S. NATL.

## FIELD DRAWINGS EXERCISE #2: FLYING CHANGERS! ALL BALLS @ CENTRAL CONES ON FIELD.

**FIELD:** 20Y x 40Y. USE BIBS TO SPILT PLAYERS IN TO 2 EVEN TEAMS WITH 1 NEUTRAL PLAYER (PASSER) IN THE CENTER CIRCLE. PLAY 3V3 IN SHIFTS. EITHER SCORE OR CHANGE PLAYERS WHEN BALL LEAVES THE FIELD. 1ST TEAM TO 5 WINS.

**START:** 1 BALL AND 1(N) NEUTRAL PLAYER IN CENTER CIRCLE. ATTACKING TEAM (A) STARTS THE BALL + PASSES, GOING 3V3 ON (P) OR PASSES CAN GO TO (N) PLAYER IN CENTER CIRCLE FROM EITHER TEAM.

1ST TEAM TO 5 WINS. AFTER 5 SHIFT PLAYERS 1 SET OF CONES TO THE RIGHT.

**PROGRESSION:** TAKE 2 GOALS FROM SIDES + PLACE THEM ON ENDR LINE.

- CP:**
- SQUARE HIPS & SHOULDERS TO SHOOT.
  - PLAY WIDE W/ 3 PLAYERS & GET WIDER.
  - TAKE THE EARLY SHOT + BODY POSITION WHEN SHOOTING.
  - RELEASE THE PASS BEFORE THE DEFENDER ARRIVES
  - DEFENSIVE TIMING BEFORE THE CHALLENGE TO THE BALL.
  - DEFENSIVE READING OF THE ATTACKERS MOVES + DIRECTION
  - ATTACKER SHIELDING THE BALL
  - SUPPORT PLAYERS RUNNING TO OPEN SPACE.
  - COMMUNICATION / CALLING "BALL"
  - TIMING OF THE PASS PRIOR TO THE DEFENDER CHALLENGE.

